

6 Live Supervision classes



Led by

Dr Christopher Clulow

Dr Susie Orbach

Anne-Marie Sandler

Dr John Rowan

Dr Phil Mollon

Dr Jean Knox

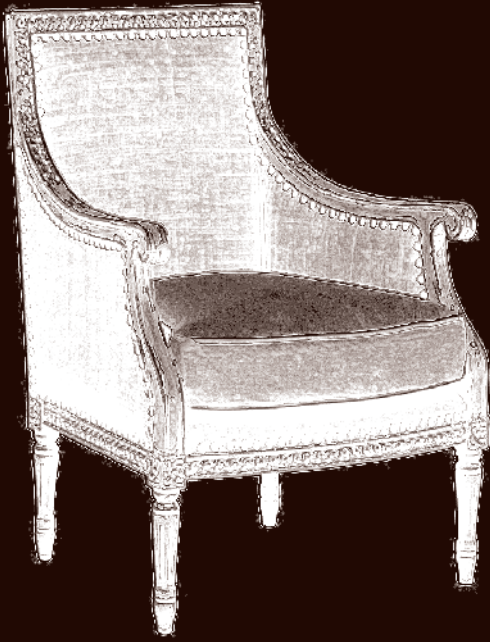


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[*med.L. supervisio, -onem, f. supervidere.*]
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superintendence.

Supervisor (*sū'pə'vəizəi*). 1454.
[*med.L., f. supervis-, supervidere*; see -OR.
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body of workmen, etc.; one who inspect
directs the work of others. †b. = OVERSE
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An onlooker, spectator, observer -1610
One who reads over esp. for the purp

Thursday evenings 28 January – 18 March 2010

London



These evenings are designed to provide the observer with exceptional insight into both the psychotherapeutic process and how supervision is conducted. By observing a discussion between a leading psychotherapist and a colleague who is struggling with a case, we enter the normally hidden domain of exploratory conversation and theory as they work together to find a way forward in the work.

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Programme

28 January 2010

Dr Christopher Clulow

I will firstly be considering the creative encounter between the patient's problem and the practitioner's understanding of her or his primary task. Supervision provides a relationship in which that encounter can be explored and thought about. The supervisory relationship provides a site for decoding unconscious communications and understanding the dynamics of family relationships, a process that has the potential to develop all who might be touched by it. It can also provide a means of modeling therapeutic practice.

Dr Christopher Clulow is Vice Chair of the Society of Couple Psychoanalytic Psychotherapists, and was Director of the Tavistock Centre for Couple Relationships until July 2006, when he retired to practice as a couple psychotherapist, teacher and researcher. He has 30 years' experience of working psychoanalytically with couples, is a Full Member of the Society of Couple Psychoanalytic Psychotherapists and a General Member of the British Association of Sexual and Relationship Therapists. He has published extensively on working with couples undergoing change, marriage and family life.

4 February 2010

Dr Susie Orbach

I will be listening to the case presentation with special attention to the relational constellations that arise between therapist and patient, countertransference experiences and the subjectivity of both therapist and patient in the co-creation of the therapeutic relationship. The patient's relationship between body and mind, and possible defences against dependency will also be considered.

Dr Susie Orbach is a psychoanalyst and writer. Her interests as a psychotherapist and writer have centred around feminism and psychoanalysis, counter-transference, psychoanalysis and the public sphere, the construction of femininity and gender, globalization and body image and emotional literacy. Her numerous publications include the classic, *Fat is a Feminist Issue*, along with such other influential texts as *Hunger Strike* and *The Impossibility of Sex*. Her latest book is *Bodies* (2009).

11 February 2010

Anne-Marie Sandler

Supervision is for me a unique opportunity of sharing with a colleague or a candidate his or her attempt at understanding the material of a given patient and to gain deeper insight in the therapeutic process. My Contemporary Freudian training in child and adult analysis and my belief in the important influence of developmental factors on mental life guide me in my work as a clinician and as supervisor. Defences, unconscious and pre-conscious material as well as transference and countertransference manifestations are at the centre of my listening.

Anne-Marie Sandler is an analyst in private practice and a training analyst in adult, adolescent and child analysis at the British Psychoanalytical Society. She is a former President of the British Psychoanalytical Society and of the European Psychoanalytic Federation, as well as Vice-President of the International Psychoanalytical Association. Until 1997 she was Director of the Anna Freud centre (formerly the Hampstead Clinic). She has published widely, alone and with her late husband, Dr. Joseph Sandler, including the book *Internal Objects Revisited* (1998).

18 February 2010

Dr John Rowan

In supervision I come from a humanistic and transpersonal background, and aim at an authentic meeting between therapist and supervisor. The relationship is important not only in therapy but also in supervision. I aim at an appropriate balance between support and confrontation.

Dr John Rowan is an author, counsellor, psychotherapist and clinical supervisor who practices primal integration. He has been supervising since 1978, and is accredited by BACP. He is a Fellow of the BPS, BACP and UKCP. He helped to found the Association of Humanistic Psychology Practitioners. He has written several books, *The Transpersonal: Psychotherapy and Counselling* (1993), *The Reality Game: A Guide to Humanistic Counselling and Therapy* (1998), which includes a chapter on supervision, and *The Transpersonal* (2005). *The Therapist's Use of Self*, co-written with Michael Jacobs also includes writings on supervision.

4 March 2010

Dr Phil Mollon

My focus in providing supervision will be on the interplay of past and present in the traditional, and the now often-lost, framework of transference. This would contrast with the excessive 'here-and-now' focus of much contemporary psychoanalytic practice, in which the original Freudian concept of transference has been foreclosed.

Dr Phil Mollon is a psychoanalyst, psychotherapist and clinical psychologist. He is the author of a number of books on trauma, dissociation, shame, and self psychology. In recent years his focus has been upon integrating the emerging field of energy psychology with more traditional psychoanalytic understanding - developing an approach that he terms Psychoanalytic Energy Psychotherapy. He has developed a particular theory of the construction of self and identity in a social context.

18 March 2010

Dr Jean Knox

This supervision will apply an intersubjective approach and consider its implications for the patient, therapist and supervisor, with reference to Jungian theory and the concept of the wounded healer.

Dr Jean Knox is a psychiatrist, Training Analyst of the Society of Analytical Psychology, Senior Member of the British Association of Psychotherapists, Consultant Editor of the *Journal of Analytical Psychology* and Honorary Senior Lecturer at the University of Kent.

